

# Life Reset

## Newsletter

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It's a new year, and Life Reset is still going strong. Thank you to the new volunteers who joined us in the past year, we're excited to see you grow within the community. To our returning members, let's continue to set an example!

## Heal the Bay

1/17/2026

To start off 2026, our volunteers took a hike around Summitridge Park, taking part in the Heal the Bay cleanup event. The Heal the Bay organization has been a big part in keeping LA clean and healthy through local cleanups.





# Tree Planting

1/24/2026

At Monrovia High School, our volunteers got to work making room for plants to breathe and helping to create a greener campus. Alongside Amigos de los Rios, we got our hands dirty for the Watershed Discovery Project, which supports to steadily improve urban forest canopy and increase outdoor learning opportunities.

# Hope for the Hills

1/31/2026

Lastly, we took a trip to Hope for the Hills park in Chino Hills, taking our green outreach closer to home as we continue our pursuit to keep our parks clean.



# Upcoming Events

## February

- Food Bank 2/7
- Congressional Award Goal Statements Review 2/15
- Heal the Bay Event #2 @ Sycamore Park 2/21

