MARCH 2021 VOLUME 5

Life Reset International

YOUTH VOLUNTEERING UPDATES



March Events, and Updates

OFFICER MEETING @ 7:30PM (03/20/2021)

Beach Cleaning

02/20/2021

On 02/20/2021, Life Reset members adopted a beach, Corona Del Mar, and did a cleanup. 20 students and parents gathered together to clean the area. Some of the trash that were picked up included: plastic, food/drink related items, and paper/fiber items.

Beaches are dirtier than we think. Seeing bags filled with trash from our fellow peers stresses the significance of cleaning up after ourselves. We advocate helping to keep our environment clean and safe, not only for us but for other living organisms that call beaches their home. Our next beach cleanup will be in the beginning of April! We encourage you to join and help us make our environment a better place!

LR Recognition



The Awardees

Deisha Son
Ella Ito
Ethan Lee
Eunice Ahn
Irene Huang
Junhee Kim
Katie Park
Kevin Liu
Matthew Lee
Samantha Lee
Shyman Arakere
Ted Kesglou
Thomas Lee

We are ecstatic and proud to be recognizing our awardees for their efforts for social justice awareness and community services. Thank you for your great work and contribution to this great cause. The awards were given on February of 2021 where our awardees were recognized individually for their work. We humbly accept this recognition as a motivation to continue to push for more involvement in our community. Thank you to members for your dedication and hard work!



March Events

Upcoming events

We will be having two more beach cleanups which will be held on April 3rd and May 8th. Further information will be provided.

Plogging

Please continue to plog and send in pictures! Not only is it benefiting your health but also the environment around you!

Reminder:

This month's focal awareness is ocean care awareness that encourages members to do research on the seriousness of plastic pollution due to COVID-19.





Article of the Month

"Oppression Against Women in the Middle East"

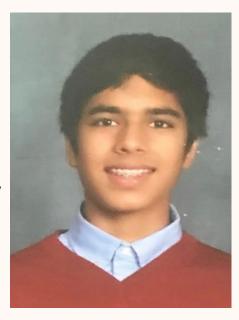
The idea that women have the same rights as men should never be up for debate. In the United States of America, through decades of protest and determination, women have attained the same rights and privileges that men have. The heartbreaking reality however, is that in this world, equality is a privilege. In the Middle East, a consequential gender disparity exists in the most inhumane form ever seen through the guidance of religion.

In nations of the Middle East, women are oppressed unapologetically due to the "word of God." Men use religion as a reason to abuse and commit cruel acts against innocent women and children. Wives are seen as passive and weak, thus, require a man's presence at all times to protect them. In turn, women are expected to act in complete submission and compliance to a husband's demands. This is the kind of extreme patriarchy which a threat to equality and fairness for all genders. We cannot ignore that this sexism stems from cruel societal norms created by men. In a study conducted by the International men and gender equality surveys, it was found that 90% of men believed a man should have a final say in a decision, as well as over 50% of men believed that women sometimes need to be beaten to be put in their place. Although this study was conducted in Egypt, Egypt is believed to be one of the less oppressive nations.

In Saudi Arabia, a religious monarchy, sexism truly stems from the government. The constitution of Saudi Arabia does not allow for religious freedom for women. Only two years ago, women were granted the right to drive an automobile; however, most women don't even attempt that because the male authority in their households often forbid it. Women are forced to wear Hijabs and be accompanied by men or face public consequences. This type of segregation against women exists all throughout the Middle East and some parts of the Mediterranean.

LifeReset recently held a forum with Sedighe Salehi, who is a former refugee and now translator. In this forum, we were able to hear the story of a woman who has first-hand experienced the discrimination against women in Iran and in Lesbos Island. Sedighe explained that women lived in constant fear of being punished, while men preyed on the innocence of young women and children. Sedighe explained to us that in that part of the world, the cruelty against women was seen as normal and even stems throughout the globe, and is moral as they believed they had the consent from god to do whatever they

> Any world where equality is a privilege is dystopian world. In the United States and many first world democracies, we live in a sense of societal privilege, where the problems that exist on the other side of the globe seem unimportant and unfixable. However, if we listen to the signs, and push for gender equality across the globe through donations to Humanitarian organizations like LifeReset, we can fight to end the grave humanitarian crisis of gender inequality and disparity that exists in third world and extremist nations.



Shyam Arakere 10th Etiwanda High

LR's Leadership

LR's Officers

Thomas Lee Editor-in-Chief Deisha Son Senior Editor

Ella Ito Chief Creative Officer

Johannes Ha
Ted Kesoglou
Katie Park
Shyam Arakere
Associate Officer
Associate Officer
Creative Officer

Eunice Ahn Secretary
Junhee Kim Treasurer

Irene Huang Publicity Officer
Aaron Kim Publicity Officer
Lauren Park Liasion Officer

Board of Advisors

Konstantinos Vrongistinos, Ph.D. Young Huang, Ph.D. Hannah Cho, Ph.D.

Mentors

Caleb Lee

Paulie Cho

Kyle Cho

Linette Choi

Michelle Yoo

Andy Lee

Joseph Park

Amy Min

