
Life Reset

	Volume 5:7 Newsletter	
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Editor's Note

Hello Life Reset Members!

Thank you to everyone for your hard work and service to the community! Special thanks to our mentors, officers, and advisors for their huge help! This month has been so exciting, so let's continue encouraging one another throughout the rest of the year!



Events

Tree Planting 3/22

On March 22nd, our members participated the tree planting event at Monrovia, CA. Our volunteers has done an incredible job digging out weeds and planting trees. The tree planting process has been a challenge to many of our volunteers, but we were very grateful that we had the opportunity to contribute a good impact on the environment!



Tree Planting 3/29

On March 29th, Life Reset members have once again contributed to the tree planting event in Pasadena, CA. The soil and dirt were cleaned and set aside for the trees. We have managed to help plant many trees all around the building!



Announcements

April 6th - Recycling #2 due

April 13th - Additional Volunteering
Hour Form due

May 10th - AWARD DAY! 10:30 AM-
12:00 PM

(Awards after the Hopes for The Hills
park cleaning)



Articles of the Month

The Wildfires of Los Angeles Rohee Kim, 11th Grade

"50,000 acres, an area roughly equivalent to 2,200 Alcatraz Islands or 500 Disneylands, or larger than Washington, D.C." (Kimelman). This was the statement made by CalMatters, a non-profit news organization, regarding the amount of land lost due to the fires located in Los Angeles. More than their obvious destructive effects, the fires have shed light on much regarding the nature of Los Angeles: the dual-reality among different economic classes of the city, but also the uniform identity of Los Angeles which its inhabitants hold.

To begin, the fires in Los Angeles have shown a stark contrast between the situations of affected citizens of differing wages. Due to Los Angeles' increased rent prices, insurance costs,

and overall inability to provide affordable housing for all economic classes because of these

fires, effectively tens of thousands of people in Los Angeles County were displaced with no

place left to go (Kendall). This level of displacement and homelessness effectively exemplifies

the greed of Los Angeles which directly victimized the lives of those who were in positions of

economic disadvantage. Because of these fires, those without high income and expendable

earnings were left with no legitimate help nor any possessions. When looking at the situation of

the rich, however, a blunt distinction can be made.

According to CBS News, the wealthy, such as real estate investor Keith Wasserman, was seen making requests for private firefighters to control fires destroying his area (Cerullo). Compared to a complete loss of housing and no guaranteed support for the less privileged, the wealthy have had access to resources which directly come to their service. Due to the fires, such highly different treatment and circumstances of different economic classes have been exposed. Rather than the status of citizens being human being enough for equal support and resources, wealth has played a large factor in the support which the people of Los Angeles received. However, these same fires have shown the united identity which Los Angeles holds.

According to hospitality net, more than 15,000 people have received some sort of housing due to Airbnb's \$26 million effort in providing shelter for those who were affected (Airbnb.org has housed). Rather than letting unequal access to resources or lack of housing rift apart the city of Los Angeles, continuous efforts have shown the city's undying desire to persevere, to rebuild. Support came internally from LA's own inhabitants, as well. Those within or in the proximity of Los Angeles have contributed to medical, food, and clothing drives for those affected by the fires (Evans). Rebuilding contributions have directly displayed the refusal of Los Angeles to turn into burnt remains. Through collaborative efforts, through their shared identity, the city continues to heal and rebuild.

How Peer Pressure Shapes Teenage Choices Ellie Park 10th Grade

Adolescence is a vital degree of self-discovery, but it additionally comes with its own set of demanding situations, mainly the effect of peer strain. Whether from friends, classmates, or social media, the choice to be healthy may be overwhelming. While peer stress isn't always negative and might from time to time encourage young adults to excel academically or explore new sports, it frequently pushes them to make negative alternatives genuinely to benefit approval or avoid exclusion. These choices could have lasting results on their fitness, relationships, and universal well-being. One of the most good sized methods peer strain affects teenagers is by way of encouraging reckless behavior. Many teens feel forced to drink, smoke, or test with tablets surely because their friends are doing it. Even after they are aware of it's wrong, the fear of judgment or being not noted regularly overrides their higher judgment. In such situations, the want to be healthy always seems more important than thinking about the ability outcomes. This preference to belong can cause dangerous movements that jeopardize their health and destiny. A teenager who typically prioritizes their studies might skip their responsibilities to hang out with friends, simply to avoid feeling excluded from the group. The want for recognition can result in regret, negative decisions, or even dangerous situations. Peer stress also appreciably affects academic overall performance. Many teenagers turn away from specializing in their research or understate their academic achievements due to the fact they don't want to appear specific from their peers. In environments wherein educational fulfillment isn't valued or is seen as uncool, a strong interest in college could make a youngster feel isolated. This stress to comply frequently leads college students to duplicate their peers' work or skip assignments absolutely to fit in and keep away from being labeled as or "overachievers." Such conduct no longer harms their education by proscribing their intellectual boom however additionally hinders their capacity for future success. By prioritizing becoming in over instructional fulfillment, they leave out possibilities that could help them attain their desires. Beyond academics and social life, peer stress also affects how teens perceive themselves. The rise of social media has intensified the need to comply with a particular photo. Many teenagers are compelled to appear in a positive way, act a positive way, or comply with precise trends to advantage validation from others.

The constant desire to conform to the idealized image seen online or among their peers can undermine their self-worth and amplify feelings of anxiety. Over time, this strain can motivate teens to lose sight of who they clearly are. Rather than feeling assured in their identity, they will turn out to be passionate about gaining approval, which may result in feelings of inadequacy and self-doubt. Despite the sturdy impact of peer pressure, it isn't always not possible to withstand. Teens can construct resilience by means of growing a clear expertise of their personal values and making selections that align with their beliefs. Surrounding themselves with supportive, like-minded friends makes it less difficult to face cooperation while faced with strain. Additionally, looking for guidance from adults, which include dad and mom, mentors, or counselors, can provide treasured perspectives and recommendations. Learning to mention "no" without fear of rejection is a critical ability that enables teens to defend themselves from dangerous impacts and live actual to their proper selves.
