

Life Reset

YOUTH VOLUNTEERING UPDATE

“VOLUNTEERING, THE ESSENTIAL ACT OF CITIZENSHIP”

Hannah Cho, *Advisor*

Thank you, all Life Reset members, for your time and commitment to making a difference in various sects of our society for the year 2021-2022. Though it took our blood, sweat, tears to beautify our communities and to advocate social justice, the fruit is sweet, and we will continue to reap long lasting impacts on many lives. This year alone, the total hours of Life Reset members served 3,111 hours. This is double the service hours from last year. Furthermore, this year we selected a new

scholarship recipient, Hashem Ahmadi from the Lesbos Refugee Camp in Greece and have been offering \$250 every month for his education. As we are wrapping up this year and preparing for another great service year in the fall, I would like to remind you of the power of collaboration. After all, we are social beings; no one can thrive alone. Because of this very nature of us, it is crucial that we continue our efforts and teach our next generation the importance of community building, through which they can grow to be key social players. Thank you once again for your sacrificial service, and congratulations to those who are recognized with the President's Volunteer Service Awards.



Reflections Upon Life Reset

Jacob Choi, Chino Hills High (9th)

I have had the opportunity to volunteer for the Life Reset organization for the past year. During the year, I have been able to volunteer at a variety of places, each having its unique characteristics. During the year I have been able to clean beaches, work in a warehouse, march in a parade, and serve in a kitchen. The beach cleanups have shown me how humans can not only harm the environment but also help it. The many people cleaning the beaches inspired me to work harder and showed me that people can work together for a greater good. Working in the warehouse showed me the importance of cooperation and communication. When working in the warehouse, cooperation and communication is necessary to complete the task at hand. I was able to learn a lot from the experience. The KAYPA parade has been the best volunteering event that I have participated in. Although the parade was very long and tiring, the event was worthwhile. I was able to see the many different performances that were in the parade and it amazed me. I had an amazing experience volunteering with the Life Reset organization and hope to do more in the next year.



Local Park Clean Up



Jeremy Lee, Centennial High (9th)

To fulfill my duty as an active citizen, I decided I would keep it simple and clean up my local park. I realized that my park is cleaner than normal, since I did not find much trash. However, when I sidetracked and followed a trail that led to a more desert-like area of the park, I found a lot of trash in the bushes and on the trail itself. I saw a lot of trash that either was blown or thrown into the areas I couldn't reach and didn't attempt to pick them up in fear of snakes. It felt more like a regular walk in the park than a cleanup, since the park was much cleaner than I thought. I realized that plastic was more common, since it doesn't decompose. There were times when the plastic was stuck so deep in the dirt that it pulled out much of the land with it. It was probably there for months or maybe years. Then I found the source of the plastic, and it was the sewer pipes for rainwater to filter into, which was broken off by natural weather or maybe even bike riders accidentally running into it. In the area of the park where most people stayed, I found many food wrappers and even bare fruits laying around. I picked up the wrappers but not the fruits, in hopes that wild animals such as squirrels and rabbits might come to eat them. Overall, it was an interesting experience, since I took a good opportunity to view my local park.

Orange County Rescue Mission

Elliott Choi, Chino Hills High (9th)

The Orange County Rescue Mission was seen as a haven for a community that included a diversity of ages, races, and ethnicities. The Life Reset volunteer opportunity was a way to contribute to helping people in need and allowed me to see what true leadership was. Through my experience volunteering, I worked in the Orange County Rescue Mission's warehouse and in the kitchen. In the warehouse, it included several manual jobs requiring teamwork and communication to package food quickly and efficiently. While we divided up into sections, each Life Reset member had the duty of sorting and finding certain food items. As we packaged each box of food, we never realized how much expired food was contained in the warehouse. In each box, about 2-3 items were expired, and about one item was close to expiration. We threw away all expired items and repackaged them with fresh products. Although our actions may have not had a dramatic effect, the workers were very appreciative and glad we helped. After we finished working at the warehouse, a new group of Life Reset members joined and were moved to the kitchen. When we arrived at the kitchen, we prepped by cleaning and sweeping the floors for the group of people soon to arrive. As we started cleaning, we separated into groups to manage our time and we thoroughly cleaned the floor, tables, and chairs. We then transitioned to prepping food where we would set up trays and help make food in the kitchen. As the groups of people started to enter, one of the workers led a prayer, and kids as young as three years old said prayers too. Through my experience of serving food, many people were grateful for our volunteering and showed their gratitude. The Orange County Rescue Mission was a great way to get embedded into helping a community and learning new skills.



Announcements

The 2021-2022 service year has officially ended.
Our new service year begins in September 2022.

Leadership

EDITORS: THOMAS LEE, JEREMY CHON, ELLIE NOE, TED KESOGLOU, SHYAM ARAKERE, MATTHEW HAN, BETHANY HAN, IRENE HUANG, KLAREN SUH, SAMANTHA LEE, MATTHEW LEE, JAYDEE MOON, JUNSEOK LEE, ELLIOTT CHOI

HUMANITARIAN OFFICERS/ADMIN: EUNICE AHN, LAUREN PARK, JUNSEO LEE, LUKE KESOGLOU, LEXI LEE

ENVIRONMENTAL CARE OFFICERS: JUNHEE KIM, SAMUEL SON, LOIS AHN, JEREMY LEE