

VOL 11. FEBRUARY 2022

LIFE RESET

YOUTH VOLUNTEERING UPDATE



THANK YOU TO ALL THE STUDENTS, TEACHERS, PARENTS AND SIBLINGS WHO CONTRIBUTED THEIR TIME TO VOLUNTEER THIS MONTH!



HIGHLIGHTS:

BEACH CLEANING; EXPERIENCES
AND INFO

ORANGE COUNTY RESCUE MISSION

UPCOMING EVENTS



beach cleaning

On January 29, The Life Reset volunteers took part in scouring the San Gabriel River Jetty beach. This collaboration with the Surfrider organization cleaned the beach of a total of 965 pounds of trash. Even more shocking, a couch, a chair, a headboard, and 2 mattresses were reported to be lifted from the beach.



by Klerin Suh (9th), Ayala High School

The beach I recently went to was incredible and provided a sense of pleasure. Every beach cleaning is a different experience for me, as each one portrays its own air of freshness and beauty. For a couple of hours, I had a great time watching the waves and breathing in the air as I picked up pieces of trash stuck in between the giant rocks. It was interesting to see the brands of hand lotion bottles.



Located on a decommissioned military base, the Village of Hope is a transitional housing program for homeless men, women and children. This 262-bed homeless shelter is unlike any other. It is meticulously polished, tastefully decorated, and possesses more than 150,000 square feet of structures, including two restored barracks.

Orange County Rescue Mission



warehouse



Jeremy Chon (11th), Rancho Cucamonga High



I had a great experience while volunteering at the Orange County Rescue Mission this morning, helping sort canned food that are sent to shelters or to people in need. We stacked multiple canned foods into different bins, organizing them by the type of food, and filtered a bin of tomato sauce. I was surprised at how smooth the process was and how quickly we finished. It was rewarding knowing that the work I've done there made a positive impact towards the community. I am grateful that I've been given the opportunity to help serve and wish to continue volunteering or future events.

Orange County Rescue Mission



kitchen



Jaydee Moon (8th), Canyon Hills JH

Entering the cafe in the Village of Hope, my standards for this center was already set very high. The ceiling was tremendous, with inspiring quotes left and right. It was no surprise that there was a large space in the kitchen to prepare meals for the community. The adults first made salads, while the minors organized pizzas on trays. More time was spent cracking eggs, sorting contents in the freezer, and cleaning the floors and counters. This experience was surprisingly fun and energizing, and I'm sure all the members of Life Reset will agree that this time spent with friends and serving in our community is one to be remembered.

UPCOMING EVENTS

TREE PLANTING AT SAN GABRIEL RIVER PARK
2.19.22

BEACH CLEANING AT BOLSA CHICA STATE BEACH
3.19.22

LIFE RESET LEADERSHIP

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