

Life Reset

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NEWSLETTER

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The Food Bank

2/07

On February 7th, our members traveled to Pomona Valley Food Bank. They would sort cans and grocery items to help the workers and the community. If other members or anyone is interested, you can easily donate through the website pomonafoodbank.org. The experience of volunteering allows members to make an impact that matters, and strengthen their connection with the community.

Heal the Bay Park Cleanup

02/21

On a sunny Saturday morning, Life Reset members traveled out to Phillips Ranch Park. There, they would clean up the park by picking up whatever trash possible. By the end of their time there, lots of members had full bags of trash, with all of them leaving the park cleaner than when they arrived.



Congressional Award Meeting

02/15

On a Sunday night, members working towards the congressional award met with two members of Life Reset's Board of Advisors, Hannah Rim, and Hannah Cho, as well as Mentor Thomas Lee. With them, the members rigorously discussed their goals for the award received feedback on what they had wrote. Most students were told to be more disciplined on their focus on the three categories: self improvement, physical fitness, and volunteering. Life Reset Members and any one they may know can email hannah@liferesetinternational.org if interested in the Congressional Award.



Future and upcoming events

March Events

March 14th 10 am-1 pm

Heal the Bay #3 Sycamore park

March 20th

Pet Blanket Due Date

March 21st 9 am-12 pm

Animal Shelter